

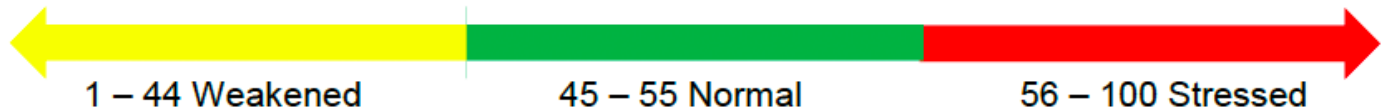
Bioresonance Scan

SAMPLE REPORT- MOTHERHOOD

Areas of Most Significant Stress

Below shows **energy imbalances in specific systems of the body** that arose as weakened or stressed symptoms.

You may or may not feel symptoms in this area as often this is a form of detection before symptoms arise.



Stressed: *body is dealing with the imbalance but drawing energy from other areas to compensate*

Weakened: *body may no longer be able to compensate for the imbalance (yellow is worse than red)*

Urinary Tract (Kidneys, Ureters, Bladder, Urethra)

System/Organ Info	What Stress Can Look Like	Sources/Causes
<p>In order for normal urination to occur, all body parts in the UT need to work together</p> <p>We have two kidneys, located on either side of the spine at the lowest level of the rib cage</p> <p>Balance our electrolytes (sodium/potassium) and overall body fluid</p> <p>Remove waste products from the body</p> <p>Control the production of red blood cells Produce active form of Vitamin D</p> <p>In TCM, kidneys hold onto emotions of fear, weakness, willpower, insecurity, aloofness + isolation</p> <p>The bladder's main purpose is to store urine</p> <p>It can hold up to two cups of urine, which is released through the urethra when you urinate.</p> <p>The kidneys and bladder are connected by tubes called the urethra and ureter.</p> <p>When your bladder starts to get full, nerves send a message to the brain that it is time to empty it.</p> <p>When you make a conscious decision to urinate, your brain signals the sphincter muscles to relax and allow the urine to flow through the urethra and out of your body</p> <p>Emotional Aspect: Holding onto unshed tears will cause stress and irritate the system. Kidneys and bladder have an affinity to fear, anxiety and our ability to go with the flow. Imbalance can be expressed as indecision, fear and uncertainty.</p>	<p>Blood and/or protein in the urine More frequent urination Urinary incontinence Cloudy Urine Problems with emptying bladder Bladder infections Interstitial Cystitis Puffiness around eyes, swelling of hands/feet UTIs Kidney infections Chronic yeast/bacterial infections Poor fluid detox Kidney pain or stones Dehydration or third Dry mouth or skin Fatigue Bloating Red Face Ringing in the Ears Low Back Pain Chronic fear/anxiety</p>	<p>Deficiencies: Vitamins B6/B9/B12, K2, and C Dehydration Artificial Sweeteners Bacteria: Borrelia, Anaplasma, Mycoplasma Mitochondrial dysfunction Heavy metals: Cadmium, Aluminum Alcohol: leads to dehydration, swelling of urinary tract, changes pH level, liver stress, alters filtration of necessary minerals Pesticides + herbicides: glyphosate VOCs Teflon Phosphates (in things like soda) High sodium from foods: (NOT celtic sea salt) Mycotoxins/Mold Holding onto fear Radiation Medications: Opiates, Ketamine Acidic fruits, juices, spicy food Liver stress pH levels</p> <p>Bilharzia: Caused by parasites, schistosomes. Burrows into the skin where it might leave red bumps or a rash, makes its way to the lungs. then changes into a small worm like parasite and moves to the liver. Once in the liver, it becomes an adult worm, moves again and settles into either the blood vessels located around your bladder, or the blood vessels around the intestines.</p>

Sinuses

System/Organ Info	What Stress Can Look Like	Sources/Causes
<p>Four interconnected cavities in the skull that sit behind the cheekbones, in the middle of the forehead, between the ears and behind the nasal cavity</p> <p>They are linked to our nasal passages + allow air to flow from nose and mucus to drain from sinuses to the nose</p> <p>Regulate the temperature + humidity of the air you inhale</p> <p>Help keep bacteria + other pathogens away from your body</p> <p>In TCM: The respiratory hours are between 3am-5am</p> <p>Emotional Connections: To breathe is to inspire, to take in new ideas. Imbalances in sinus energy may imply either a pushing away of what inspires or nourishes us or an overload of mental work without enough creative energy.</p>	<p>Chronic Allergies Recurrent Infections in Respiratory tract: <i>fungus, viral or bacteria, cold/flu</i> Tenderness or Pressure in Forehead Sinus Issues: <i>congestion, infections, swelling</i> Nose Issues: <i>itchy or runny nose</i> Headaches Reduced Ability to Smell Cough (<i>especially at night</i>) Post-Nasal Drip Bad Breath Breathing Diagnosis: <i>Bronchitis, Emphysema</i> Poor Oral Health Excess Mucus Waking between 3am-5am</p>	<p>Allergens in the air (<i>dust, pet dander, rodent feces, cockroaches</i>) Mold (<i>currently or as a child</i>) Pollution and chemicals (<i>VOCs, living next to a highway</i>) TH2 dominant immune system (<i>caused by stealth pathogens, mold, parasites, Mercury</i>) Histamine intolerance, MCAS Gut Issues: <i>Intestinal permeability, food sensitivities, food allergy</i> Inflammation Smoking Childhood infections that can inflame the lungs Oral microbiome imbalances (<i>plaque may act as a reservoir</i>) Grief (<i>chinese medicine grief goes back 7 generations</i>)</p>

Eustachian Tube

System/Organ Info	What Stress Can Look Like	Sources/Causes
<p>A tube that links the upper throat to the middle ear</p> <p>Function is to protect and drain the middle ear</p> <p>Upper airway infections or allergies can cause the tube to become swollen, trapping bacteria + causing ear infections</p> <p>Emotional Aspect: Have a connection with how we filter what we hear. Consider what areas of your life you have "selective hearing" and what messages you may be "filtering out" or are maybe choosing not to hear/acknowledge</p>	<p>Earaches Pressure in Ears Pain + Swelling Impaired Hearing Swollen Lymph Glands of the Neck Enlarged Tonsils/Adenoids Tinnitus</p>	<p>Upper Airway Infections Sinusitis Allergies Molds/Fungal Issues</p>

Imbalances: Enzymes

Enzymes help **process chemical reactions in the body** and are essential for **cellular metabolism, digesting food, muscle + nerve function**. Require certain conditions (temperature + ph range) to work properly.

Enzymes	Notes
<p>Lipase Digestive Enzyme Signature</p>	<ul style="list-style-type: none"> Released by the pancreas; helps digest fats in the gut so that they can be absorbed through the lining of the intestines If low, signifies stress on the liver/gallbladder (<i>often comes up when missing gallbladder</i>) May find you struggle to break down fatty meals Bile salts must be present in order for lipase to work properly <p>When low may manifest as:</p> <ul style="list-style-type: none"> Liver/gallbladder congestion, fatty build-up, bloating, nausea, abdominal pain, back pain, oily stool, elevated cholesterol

Imbalances: Fatty Acids

Fatty acids **play a role in immune system function**. Fatty acids vary in structure, causing them to be saturated or unsaturated. **Balance of fatty acids in the body is key**; we want a ratio of Omega 3:6s for ideal body function.

Fatty Acid	Notes
Flax Seed Oil (Omega 3) Fatty Acid Signature	<ul style="list-style-type: none"> • One ounce of flaxseed oil contains 6,383 mg of Omega 3, 8g fiber, 6g protein and other vitamins and minerals like B1, manganese, magnesium, phosphorus, selenium, B6, iron, potassium, copper and zinc • Helps develop healthy skin and hair, reduces inflammation, aids weight loss • Helps with reducing cholesterol as it pulls cholesterol from the blood • Helps fight cancers and has anti-viral and antibacterial properties
Ways to Support Omega 3s	<p>Animal Products: Egg Yolks, Beef</p> <p>Seafood: Salmon, Herring, Sardines, Mackerel, White Fish, Anchovies, Oysters, Seaweed, Shrimp, Trout</p> <p>Pantry: Flax Seeds, Chia Seeds, Walnuts, Hemp Seeds, Navy Beans, Pecans</p> <p>Produce: Avocado, Brussel Sprouts</p> <p>Supplements: Omega 3/Fish Oil, Cod Liver Oil (<i>Rosita on Fullscript</i>), Fish Eggs/Roe</p>

Nutrient Imbalances: Minerals

Minerals are often referred to as the “**spark plugs of life**” and absorption takes place in the small intestine (*thus if digestion issues, likely going to have mineral imbalances*). Minerals and heavy metals have inverse relationships- **the more heavy metals, the less minerals**. Below are the **minerals you are energetically showing as most deficient in**:

Minerals	Notes
Zinc Mineral Signature	<ul style="list-style-type: none"> • Zinc is the body's most abundant intracellular trace mineral and is a cofactor for 300 enzymes • Important for the innate and adaptive immune system, digestion, reproduction, nervous systems + sense of smell • Body has no storage system for zinc, thus a steady intake is required • Absorption is inhibited by fiber, phytates, tannins (tea/coffee) and oxalates • Iron + Zinc compete for absorption at the intestines • Zinc and Copper are antagonists; they must be in proper ratio • Adequate levels are required for: immune function and wound healing, protein synthesis, DNA synthesis, taste acuity, heme biosynthesis, night vision, reproductive health/hormones/fertility, HCL (stomach acid), digestive enzymes and bile production, brain development, hair/skin/nail + eye health <p>When low may manifest as:</p> <ul style="list-style-type: none"> • Weakened immune system, poor memory, loss of taste/smell, sleep issues, hair loss, low libido, digestive issues (bloating), skin issues, eczema, rashes, white spots on fingernails, poor growth, susceptibility to infections, fertility issues, stress in thymus
Ways to Support Zinc	<p>Animal Products: Beef, Chicken, Pork, Lamb Shoulder</p> <p>Seafood: Oysters, Sardines, Crab (<i>canned</i>)</p> <p>Dairy: Raw or Grass-Fed Dairy Products (<i>Butter, Kefir, Yogurt, Cheese, etc.</i>)</p> <p>Pantry: Pumpkin Seeds, Hemp Seeds, Tahini (<i>sesame butter</i>), Chickpeas, Lentils, Cocoa Powder, Cashews, Almonds, Oatmeal, Nutritional Yeast Flakes</p> <p>Produce: Mushrooms, Spinach, Avocado, Organic Tofu</p> <p>Supplements: Organ Complex (Equip Foods or PaleoValley)</p>

Imbalances: Vitamins

Vitamins are water and fat-soluble, depending on their type and work as **antioxidants, detoxification + methylation supports and some hormonally in the body**. Below are the **vitamins you are energetically showing as most deficient in**:

Vitamins	Notes
<p>Vitamin E Vitamin Signature</p>	<ul style="list-style-type: none"> • Antioxidant that protects cell membranes against oxidative damage, lipid peroxidation, improves mitochondrial respiration, decreases proinflammatory cytokines, and decreases EOS infiltration into lung tissue • Opposes negative effects of estrogen, and decreases progesterone burn rate • inhibits TH2 response • Increases the conversion of linoleic acid into saturated fat • Protects against the damaging effects of excess iron and calcium <p>When low may manifest as:</p> <ul style="list-style-type: none"> • Stress in skin, weakened ability to rid body of excess estrogens, muscle weakness, loss of muscle mass, visual issues, weak immune system, balance issues, cognitive difficulties, digestive issues, hair loss
<p>Ways to Support Vitamin E</p>	<p>Seafood: Trout, Shrimp</p> <p>Pantry: Sunflower Seeds, Almonds, Hazelnuts, Pine Nuts, Red Palm Oil, Peanuts, Olive Oil</p> <p>Produce: Spinach, Avocado, Butternut Squash, Mango, Sweet Potato, Tomatoes, Swiss Chard, Beet Greens, Kiwi, Broccoli</p>
<p>Vitamin A Vitamin Signature</p>	<ul style="list-style-type: none"> • Important for skin, lymph, vision, immune system • Antioxidant that protects cells against oxidative damage • Beta-carotene needs to be converted into retinol • About 25-40% of people cannot convert beta-carotene into retinol • Conversion begins in the gut <p>When low may manifest as:</p> <ul style="list-style-type: none"> • Skin issues, acne, throat issues, dandruff, dry hair, vision issues, weak immune system, frequent infections
<p>Ways to Support Vitamin A</p>	<p>Animal Products: Cod Liver Oil, Beef Liver or Organ Complex, Eggs</p> <p>Dairy: Raw or Grass-Fed Dairy Products (<i>Butter, Kefir, Yogurt, Cheese, etc.</i>)</p> <p>Seafood: Sardines, Salmon, Mackerel</p> <p>Produce: Winter Squash, Sweet Potato, Kale, Carrots, Broccoli, Spinach, Watermelon, Cherries</p> <p>Supplements: Cod Liver Oil (Rosita), Organ Complex (Equip Foods MWHH for 15 % off or PaleoValley)</p>
<p>Vitamin B1 Vitamin Signature</p>	<ul style="list-style-type: none"> • Essential for converting carbohydrates into usable energy- critical for blood sugar balance • Supports energy production + metabolic rate • Helps prevent fatty liver by supporting pathway that reduces fat buildup in the liver • Supports brain cells and improves focus and mental clarity • Supports the adrenals • Important for healthy growth, skin, hair, blood, nails, muscle, brain + nervous system <p>Common Symptoms:</p> <ul style="list-style-type: none"> • Mood swings, swelling in limbs, weakness, pain, nausea, irregular heartbeat, weight changes
<p>Ways to Support Vitamin B1</p>	<p>Animal Products: Chicken, Pork, Beef Liver</p> <p>Seafood: Salmon</p> <p>Pantry: Sunflower Seeds, Flax Seeds, Pine Nuts, Macadamia, Pistachio, Hazelnuts, Pecans, Lentils, Navy, White, Black or Pinto Beans, Brown Rice, Seaweed, Nutritional Yeast Flakes</p> <p>Produce: Green Peas, Green Beans, Acorn Squash, Asparagus, Brussel Sprouts</p> <p>Supplements: Organ Complex</p>
<p>Vitamin B5 Vitamin Signature</p>	<ul style="list-style-type: none"> • Considered "Anti-Stress" Vitamin as it helps support adrenal function. Its presence in the adrenals impacts the cortisol creation • Helps with histamine metabolism- aka managing histamine symptoms • Essential for converting food into energy, synthesizing cholesterol, supports neurotransmitters, wound healing, steroid hormones, critical to the manufacture of red blood cells, cell turnover and cell regeneration • Stimulates Peristalsis (<i>muscle contractions that move food through the digestive tract</i>) <p>When low may manifest as:</p> <ul style="list-style-type: none"> • Fatigue, depression, irritability, insomnia, stomach pains, nausea, painful feet, upper respiratory issues, muscle cramps, teeth grinding, skin inflammation, restlessness, seen low in those with chronic infections

Ways to Support Vitamin B5	<p>Animal Products: Chicken Liver, Eggs, Chicken, Beef, Pork</p> <p>Dairy: Raw or Grass-Fed Dairy Products (<i>Butter, Kefir, Yogurt, Cheese, etc.</i>)</p> <p>Seafood: Salmon</p> <p>Pantry: Sunflower Seeds, Lentils, Sun-Dried Tomatoes</p> <p>Produce: Avocados, Portobello Mushrooms, Cauliflower, Shiitake Mushrooms, Sweet Potatoes</p>
Vitamin B9 Vitamin Signature	<ul style="list-style-type: none"> • Important for methylation, for all detox systems (integumentary, respiratory, digestion, lymph, liver, kidneys, immune system) • Essential for RNA and DNA synthesis, amino acids metabolism, cell division, and red blood cell maturation • Works with vitamins B-6 and B-12 to control levels of homocysteine in the blood by converting it into methionine • Absorbed in the small intestine • Vitamin B12 is required to activate folate • If it comes up, this is a huge marker for being a poor methylator <p>When low may manifest as:</p> <ul style="list-style-type: none"> • Weak immune system, slow detox pathways, low energy, poor digestion (<i>constipation, bloating</i>), developmental problems during pregnancy, anemia, canker sores, swollen tongue, changes in mood, pale skin, irritability, premature gray hair
Ways to Support Vitamin B9	<p>Animal Products: Eggs, Beef, Organ Meats</p> <p>Pantry: Beans, Sunflower Seeds, Lentils, Chickpeas</p> <p>Produce: Broccoli, Asparagus, Greens (<i>mustard, collards, etc.</i>), Beets, Berries, Oranges, Kale, Cauliflower</p>
Choline Vitamin Signature	<ul style="list-style-type: none"> • Need choline in diet • Considered a member of the B vitamin family • Involved in many of the same metabolic pathways as folate, including methylation • Phosphatidylcholine is a main phospholipid in the outer leaflet of the cell membrane and accounts for ~50% of its concentration- crucial for cellular metabolism health. • Important in pregnancy for preventing neural tube defects, reducing risk of preeclampsia and improving infant cognitive development and reaction time <p>When low may manifest as:</p> <ul style="list-style-type: none"> • Brain fog, inflammation in brain, fatigue, memory issues, cognitive decline, learning difficulties, muscle aches, nerve stress, mood changesNeed for chlorella in the diet and/or supplementation
Ways to Support Choline	<p>Animal Products: Eggs, Beef, Organ Meats</p> <p>Seafood: Salmon, Oysters</p> <p>Pantry: Sunflower Seeds</p> <p>Supplements: Organ Complex (Equip Foods or PaleoValley), PC BodyBio (<i>can get on Fullscript/DSS</i>)</p>

Emotional Scan Results	
Your samples were tested emotionally for what energies are resonating with you. These are things that EMOTIONALLY may be getting in the way of full healing	
Affirmations Daily Tell Yourself	<ul style="list-style-type: none"> • God is the source of understanding and leads me to discover ways to be innovative & resourceful.
Body System Where This Manifests in Your Physical Body	<ul style="list-style-type: none"> • Blood provides a free flow of joy in life.
Feelings Creating Issues	<ul style="list-style-type: none"> • False sense of value and pride

Emotions Getting in the Way of Healing	<ul style="list-style-type: none"> • Dominating • Feelings of anger • Feelings of resentment and pettiness • Need for attention
Key Belief Statements I forgive others	<ul style="list-style-type: none"> • I forgive others: The need for this new belief statement is associated with the issue presented, "I am unable to forgive others for their imperfect acts"
Mental/Emotional Signature Cowslip Orchid	<ul style="list-style-type: none"> • Bach Flower remedy that is imprinted for you as emotional support • Possible symptoms: pompous behavior, arrogance, "better than thou" attitude, lack of fulfillment, negative towards others, contempt for those "lower" than them, who don't acknowledge them. For people who crave recognition and feel they are more important, more special than others. If others don't give the recognition they believe is due to them, then they feel unfulfilled. They start looking down upon and become negative towards these people. Because of their arrogance these people are seldom happy, they miss so many positive interactions they could have with others. • The healing properties of this flower deflate inflated egos so that those who need this essence perceive no "big deal" about themselves. Consequently they don't set themselves above or aside from others and find the treasure of being able to interact with, and enjoy, people from all walks of life. They then find they can enjoy people despite the recognition given to them by others.
Optimize/Reflect on This Emotion Serenity	SERENITY: <ol style="list-style-type: none"> 1. When have you felt fully at peace and serene, truly content with where you are? 2. When has your life felt so comfortable and so very right? 3. When does your body feel completely relaxed, with all your physical tensions melted away? 4. When do you feel like simply sitting back and soaking it all in, savoring the goodness you feel, thinking of new ways to get this feeling in your life more often?
Script I am Ready	<ul style="list-style-type: none"> • I am ready to let go of the generational issue (<i>program is still running internally of not being able to let go</i>)
Sources of Disharmony Things Causing You Emotional Imbalances	<ul style="list-style-type: none"> • Spouse • National Issues • Uncle • Sibling (?) • Job/Career
Word	<ul style="list-style-type: none"> • Certain: Having the ability to have complete confidence and conviction to your purpose and path.

Food + Environmental Sensitivities

Your samples have been tested against over **500 food and environmental sensitivities** and below are **the items that came up bio-energetically sensitive**. Over time as the body rebalances, **some of these energetic sensitivities may change due to changes in stress levels, microbial activity, and avoidance of certain foods**

Grains	Nuts/Seeds	Legumes	Dairy	Meats + Seafood
<i>Didn't see gluten</i>	Sesame Seed	-	Casein	-
Fruits	Vegetables	Spices + Herbs	Sugars	Beverages
Banana Dried Fruits Pineapple Mango	Squash	-	Sugars	-

What if The Foods/Items Below Don't Seem to Impact Me?

Food sensitivities don't always show up immediately or as only a gut-focused reaction. Some lesser known symptoms of food sensitivities include:

Hyperactivity/ADHD	Red Ears	Tantrums	Hiccups + Burping	Red Cheeks
Poor Sleep	Perioral Rash	Constipation	Random Diarrhea	Headaches
Swollen Tonsils/Adenoids	Rage/Aggression	Irritability	Brain Fog	Joint Pain
Itchiness	Rashes	Lack of Focus	Anxiety	Chronic sinus infections
Runny Nose	Bed Wetting	Ear Infections	Random/Chronic Cough	Mucous in Stool

Vertebral Stress

The vertebral report shows **vertebrae- related to an energetic imbalance:**

Cervical 6	<ul style="list-style-type: none"> • Areas: Neck muscles, shoulders, tonsils • Effects: Stiff neck, pain in upper arm, tonsillitis, whooping cough, croup
Thoracic 12	<ul style="list-style-type: none"> • Areas: Small Intestines, Lymphatic Circulation • Effects: Rheumatism, Gas Pains, Certain Types of Sterility
Lumbar 2	<ul style="list-style-type: none"> • Areas: Appendix, abdomen, upper leg • Effects: Cramps, difficulty breathing, acidosis, varicose veins

"The nervous system controls and coordinates all organs and structures of the human body." (Gray's Anatomy, 29th Ed., page 4)

Misalignments of the spinal vertebrae and discs may cause irritation to the nervous system and affect the structures, organs and functions that may result in the conditions below

Vertebrae	Areas	Effects
Cervical Spine	1C Inner and middle ear, sympathetic nervous system, bones of the face, pituitary gland, brain, blood supply to the head, scalp	Headaches, nervousness, insomnia, head colds, high blood pressure, migraine headaches, nervous break downs, amnesia, chronic tiredness, dizziness
	2C Eyes, optic nerves, auditory nerve, sinuses, mastoid bones, tongue, forehead	Sinus trouble, allergies, crossed eyes, deafness, eye troubles, earache, fainting, certain cases of blindness
	3C Cheeks, outer ear, face bones, teeth, trifacial nerve	Neuralgia, neuritis, acne, eczema
	4C Nose, lips, mouth, eustachian tube	Hay fever, catarrh, hearing loss, adenoids
	5C Vocal chords, neck glands, pharynx	Laryngitis, hoarseness, throat conditions
	6C Neck muscles, shoulders, tonsils	Stiff neck, pain in upper arms, tonsillitis, whooping cough, croup
Thoracic Spine	7C Thyroid gland, elbows, bursae in shoulder	Bursitis, colds, thyroid conditions
	1T lower arm, elbow, hands, wrist, fingers, esophagus, trachea	Asthma, cough, difficult breathing, short of breath, pain in lower arms and hands
	2T Heart; valves and coverings, coronary arteries	Functional heart and certain chest conditions
	3T Lungs, bronchial tubes, pleura, chest, breasts	Bronchitis, pleurisy, pneumonia, congestion, influenza
	4T Gall bladder, common duct	Gall bladder conditions, jaundice, shingles
Lumbar Spine	5T Liver, solar plexus, blood	Liver conditions, low blood pressure, fevers, anemia, poor circulation, arthritis
	6T Stomach	Nervous stomach, indigestion, heartburn, dyspepsia
	7T Pancreas, duodenum	Ulcers, gastritis
	8T Spleen	Lowered resistance
	9T Adrenal and super-renal glands	Allergies, hives
	10T Kidneys	Kidney troubles, hardening of the arteries, chronic tiredness, nephritis pyelitis
	11T Kidneys, uterus	Skin conditions; acne, pimples, eczema, or boils
	12T Small intestines, lymph circulation	Rheumatism, gas pains, certain types of sterility
Sacrum	1L Large intestines, inguinal ring	Constipation, colitis, dysentery, diarrhea, some ruptures or hernias
	2L Appendix, abdomen, upper leg	Cramps, difficult breathing, acidosis, varicose veins
	3L Sex organs, uterus, bladder, knees	Bladder troubles, menstrual troubles; painful or irregular periods, miscarriages, bed wetting, impotency, change in life symptoms, knee pains
Coccyx	4L Prostate gland, sciatic nerve muscles of lower back	Sciatica, lumbago, difficult/painful or too frequent urination, backaches
	5L Lower legs, ankles, feet	Poor circulation in the legs, swollen ankles, weak ankles and arches, cold feet, weakness in the legs, leg cramps
	SACRUM Hip bones, buttocks	Sacroiliac conditions, spinal curvatures
	COCYX Rectum, anus	Hemorrhoids (piles), puritis (itching), pain at the end of the spine on sitting

For further explanation of the conditions shown above and information about those not shown, ask your Doctor of Chiropractic.